**Important Web Links and Approved Videos**

Unit 1 – A Healthy Foundation

www.impcl.org/kids/guides/health/index.html

http://mentalhealth.samhsa.gov/

www.teachhealth.com

Unit 2 – Promoting Safe and Healthy Relationships

General Questions and Answers:

http://www.kidshealth.org/teen/question/emotions/healthy\_relationship.html

Unit 3 – Parenting and Paternity Awareness (State-Mandated Curriculum)

1. Texas Council on Family Violence www.tcfv.org

2. National Domestic Violence www.ndvh.org

3. National Domestic Violence Hotline 1-800-SAFE

4. Family Violence Prevention Fund www.endabuse.org

5. HHSC Family Violence Program www.hhsc.state.tx.us

6. Red Flags Program www.knowtheredflags.com

7. Office of the Attorney General Protective Information www.oag.state.tx.us/victims/protective.shtml

Unit 4 – Personal Care and Body Systems

www.kidinfo.com/Health/Human\_Body.html

http://www.nutrition.gov/

http://www.aahperd.org/index.cfm

Unit 5 – Growth and Development

http://www.childdevelopmentinfo.com/development/prenataldevelopment.shtml

http://classweb.gmu.edu/awinsler/ordp/prenatal.html

http://www.childdevelopmentinfo.com/development/teens\_stages.shtml

http://www.nlm.nih.gov/medlineplus/teendevelopment.html

Unit 6 – Parenting and Paternity Awareness (State-Mandated Curriculum)

Office of the Attorney General www.oag.state.tx.us/

Unit 7 – Tobacco, Alcohol, and Other Drugs

http://www.tobaccofreekids.org/

http://www.cdc.gov/tobacco/

http://www.niaaa.nih.gov/FAQs/General-English/

http://www.focusas.com/Alcohol.html

http://www.focusas.com/SubstanceAbuse.html

http://www.nida.nih.gov/Infofacts/

Unit 8 – Diseases and Disorders

http://health.nih.gov/

Unit 9 – Injury Prevention and Environmental Health (Optional)

First Aid Guide http://www.mayoclinic.com/health/FirstAidIndex/FirstAidIndex

Center for Disease Control http://www.cdc.gov/

American Public Health Association http://www.apha.org/membergroups/primary/

**Approved Videos for the Health Classroom**

1. “My Pyramid: Simple Steps to Healthy Living”

2. United Streaming: “Eating for your Future – It’s the Inside Tract.”

3. “Prescription for Learning: Eating Disorders”

4. United Streaming: “Reality Matters – Obesity and Nutrition”

5. United Streaming: “Overcoming Eating Disorders”

6. United Streaming: “Face It: Abusive Relationships Hurt”

7. Abstinence Only: “The Rules Have Changed”

8. United Streaming: “Don’t Suffer in Silence”

9. United Streaming: “A-Z of your Head”

10. United Streaming: “Learning to Like Yourself Skills for Healthy Living”

11. Parenting and Parental Awareness Videos – State of Texas Curriculum

12. United Streaming: “Human Body Pushing Limits – Strength”

13. United Streaming: “HIV/AIDS 101”

14. United Streaming: “The Miracle of Life”

15. United Streaming: “Babies Can’t Say “No”: Substance Abuse During

Pregnancy”

16. United Streaming: “Smoking – The Toxic Truth”

17. United Streaming: “Skills for Healthy Living – Teens and Alcohols”

18. United Streaming: “Just One More”

19. United Streaming: “Club Drugs: Dancing with Danger”

20. United Streaming: “The Teen Files with Leeza Gibbons”

21. United Streaming: “Flipped Drugs”